

Rotary

Club of Morehead City Noon



Club Meeting

Morehead City Noon
Meets at Sanitary Fish
Market & Restaurant
501 Evans St.
Morehead City, NC 28557
Time: Tuesday at 12:00 PM

Club Leaders



Timothy Allan
Ncaise
President



Pamela T. Hilbert
President-Elect
Club Director
Club Service
Projects Chair
Club RYLA Chair



Gary Lazorick
President-Nominee



Diane Carolyn
Warrender
Secretary



John B. Aldredge
II
Treasurer



Harold A. Ambrose
Sergeant-at-Arms



Christopher W.
Mashburn
Club Rotary
Foundation Chair



Tom Hussmann
iPast President



John R. Scibal
Club Membership
Co-Chair

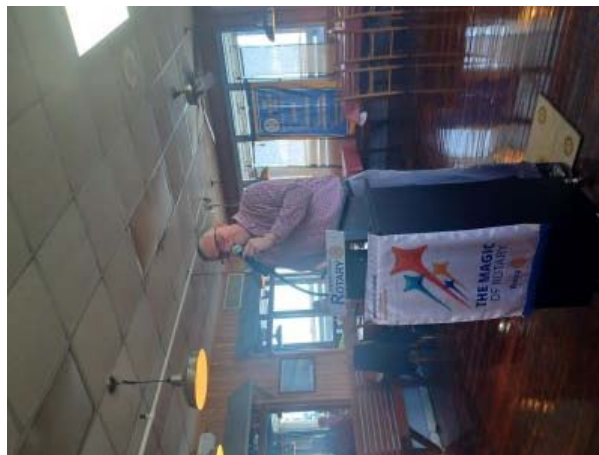


Jill Droze
Club Director
Club Public Image
Chair

Morehead City Noon Meeting March 11, 2025

Morehead City Noon Rotary Minutes March 11, 2025

President Tim Ncaise opened the meeting at 12:07 pm.



Club Duties:

Greeter - Hap Ambrose
Prayer - Teresa Brady
Pledge - Buff Chalk
4-Way Test - Randall Parker
Happy Dollars – Paul Gillikin

President Tim asked the Secretary Diane Warrender to give her report.



Events

No Events found

Birthdays

Lisa Weisenburg

March 31st

Paul Gillikin

April 3rd



Diane welcomed all to the Noon Tuesday meeting. Our guests for the day are Kurt Rogerson from the Beaufort Rotary Club, Angela & Gerald Belton, guests of Charlie Hoover, and our speakers Jessica Vier and Anthony Ovet from Lucas Research . We have one Birthday this week, Bill Rogerson on 3/12. There was a rousing Birthday song for him! There is also one club anniversary this week, Jill Droze, 3/15/22. Diane then read a framed document of the formation of the noon Rotary Club in 1981, presented to John T. Capps by then President George LaRouque in 1990. She had rescued it from our storage shed and wanted to leave it at the Sanitary with our other Rotary items. Attendance for the day is 44 Rotarians.



Rotarian Renee Melby gave her Words of Wisdom for the club members. She said she felt unqualified to give Words of Wisdom in a room full of wise people, but as she thought about what she might say, she kept coming back to one idea – reinvention.

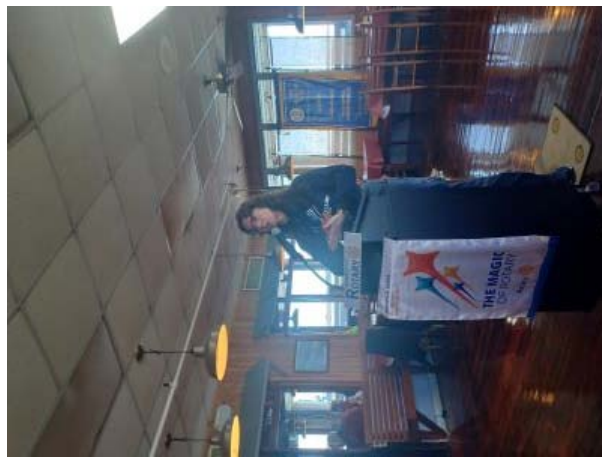
Reinvention is not about erasing the past; it's about building on it. It's about taking all of those experiences, knowledge and wisdom and using it to adapt to new opportunities. As we get older, and maybe retire from our professions, we can still reinvent ourselves. Colonel Sanders, who started KFC in his 60's or Ray Kroc, who turned McDonald's into a global brand in his 50's. They didn't let age, setbacks, or even success define them. They pivoted, they adapted. Three lessons about reinvention are: 1. Stay curious. Staying curious keeps your mind engaged and your spirit alive. 2. Embrace change. Change is inevitable. The question is: will we let it intimidate us or inspire us. 3. Share your wisdom. Reinvention does not mean discarding what we know – it means passing it on. She ended with a quote from C.S. Lewis "You are never too old to set another goal or to dream a new dream." Very good advise!



Membership Chair John Scibal announced the committee is having a "Discover Rotary" event at the Dunes Club on Thursday, April 3rd. This is a chance for Rotary members to introduce Rotary to people who might be interested in becoming a part of our club. He is encouraging members to talk with others they think would make a good member in our club and become acting Rotarians. The committee is hoping to add at least 7 new members. He asked his committee to meet together after this meeting closes.



Fundraiser Chair Gary Lazorick announced they have their first Platinum sponsor for the Golf Cart raffle. Gary will pick up the new cart on Thursday.



Service Project Chair Pam Hilbert reminded the club of the micro-project at our April 8th meeting. We will collect Easter cards and candies for small packets that will be given to the clients of the Meals-on-Wheels program, approximately 70 clients. She encouraged members to bring in cards/candies during the next several meetings for this project.

President Tim complimented those who made the Oyster Roast a success. Brian Kramer and his helpers who cooked many delicious oysters and those who brought side dishes and desserts for the event. There were about 37 Rotarians and family who enjoyed the event.

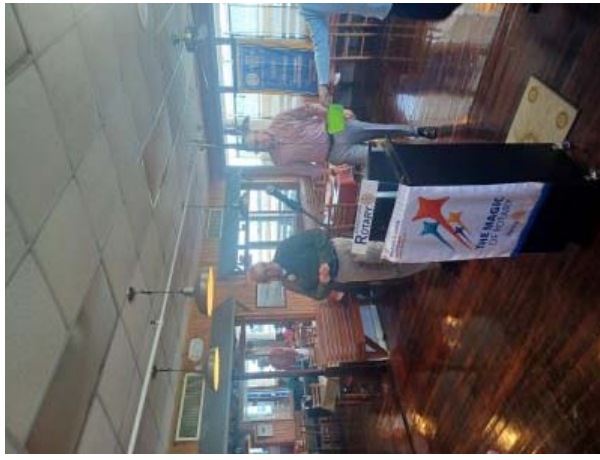




President Tim introduced our program, Jessica and Anthony with Lucas Research. Jessica works with Clinical Research patients. Anthony, a retired Marine, works with research programs and benefits for patients who participate. Lucas Research has been researching a variety of illnesses and medications for over 20 years. At this point, Dr. Lucas is the only endocrinologist in NC. Jessica does the community outreach for patients from 3 years old and up, and Anthony, in the clinical research area, said there are always new therapies and medicines to research. These methods enhance data accuracy and improve patient care in clinical trials. He said Lucas Research is a world-class research site network that began with a focus on endocrine disorders. Now, the different types of research include diabetes, liver health & weight loss, and cardiology trials to investigate medications, devices and lifestyles. People can volunteer for a variety of testing trials with no charge, and they offer free screening for them for the different types of research. One research area they are working on now is fatty liver disease. He said 25% of us suffer from this problem. Lucas Research offers free Fiber Scans for liver observation. Some of their research programs can actually pay volunteers for their participation. Anthony, a retired Marine, says he considers he is helping people and giving back, as he did as a US Marine. Jessica and Anthony answered a variety of questions from the club members. Lucas Research is located on 35th Street in MHC and can be contacted at 252-222-5700. Great information about a world-wide research facility right here in our county.



Happy Dollars were emceed by Paul Gillikin, and he was able to collect many dollars for our program, sporting events and other Happy things.



50/50 Ticket draw started a new deck of cards and Rotarian Bill Walker did not find the hidden Joker.

The meeting was adjourned. We will meet next Tuesday, March 18 at 12 noon.

Secretary Diane Warrender
